

ANYTIME MENU

CHRISTMAS ALLERGY MENU



Dish	Vegetarian / Vegan	Cereals Containing Gluten	NGCI Option	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	NCDI Option	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Coconut	
Duck Rolls		Wheat														✓		✓	
Crispy Chilli Squid		Wheat				✓	✓		✓					✓					
Our Jerk Pit Wings								✓								✓		✓	
Garlic & Chilli Pit Prawns		Wheat	Serve without Flatbread		✓				✓	Do not use butter mix on prawns				✓		✓			
Sweetcorn Fritters	Vegan	Wheat												✓		✓			
Crispy Okra	Vegetarian	Wheat					✓		✓										
Half Jerk Chicken							✓	✓								✓		✓	
Mo' Bay Chicken		Wheat	Serve without Plantain				✓	✓	✓							✓		✓	
Jerk Pit Salmon		Wheat	Do not use flour in cooking method and serve without Plantain	✓			✓									✓			
Belly Pork								✓								✓		✓	
Our Curry Goat		Wheat	Serve without Plantain and Dumplings				✓		✓	Serve without Dumplings						✓		✓	
Jerk Sirloin Steak		Wheat Fryer Trace						✓								✓		✓	
Aubergine Curry	Vegan	Wheat	Serve without Flatbread															✓	
Salted Caramel Brownie	Vegan							✓											✓
Banana & Toffee Cheesecake	Vegetarian	Wheat							✓										
Sticky Toffee Pudding	Vegetarian	Wheat					✓		✓										
Caribbean Rum Cake	Vegetarian	Wheat					✓		✓										
Passion Pie		Wheat					✓	✓	✓										
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CHRISTMAS LUNCH

ALLERGY MENU



Dish	Vegetarian / Vegan	Cereals Containing Gluten	NGCI Option	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	NCDI Option	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Coconut	
Our Jerk Pit Wings								✓								✓		✓	
Jerk Glazed Pit Ribs								✓								✓		✓	
Sweetcorn Fritters	Vegan	Wheat												✓		✓			
Trini Doubles	Vegan	Wheat												✓		✓		✓	
Garlic 'n' Herb Flatbread	Vegetarian	Wheat							✓					✓					
Caribbean Browned Chicken		Wheat	Serve without Dumplings					✓	✓	Serve without Dumplings						✓		✓	
Babybacks		Wheat Fryer Trace					✓	✓								✓		✓	
Street Burger		Wheat	Serve without the bun				✓	✓	✓							✓			
Jerk Pit Salmon		Wheat	Do not use flour in cooking method and serve without Plantain	✓			✓									✓			
Chickpea & Callaloo Curry	Vegan	Wheat	Serve without Flatbread													✓		✓	
Dish	Vegetarian / Vegan	Cereals Containing Gluten	NGCI Option	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	NCDI Option	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Coconut	

Dish	Vegetarian / Vegan	Cereals Containing Gluten	NGCI Option	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	NCDI Option	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Coconut
Just Jerk Platter		Wheat					✓	✓	✓					✓		✓		✓
Vital Veggie Platter	Vegetarian	Wheat					✓	✓	✓					✓		✓		✓
Seafood Platter		Wheat		✓		✓	✓		✓					✓		✓		✓
Spiced Fries	Vegetarian	Wheat Fryer Trace																
Dumplings	Vegetarian	Wheat							✓									
Garlic 'n' Herb Flatbread	Vegetarian	Wheat							✓					✓				
Chilli Pineapple Salad	Vegan																	
Dish	Vegetarian / Vegan	Cereals Containing Gluten	NGCI Option	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	NCDI Option	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Coconut