

Dish	Vegetarian / Vegan	Cereals Containing Gluten	NGCI Option	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	NCDI Option	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Coconut
Jerk Chicken Flatbread		Wheat						✓	✓							✓		
Kingston Chicken Toastie		Wheat					✓		✓							✓		✓
West Indian Wrap with Pulled Chicken		Wheat					✓	✓								✓		✓
West Indian Wrap with Halloumi, Peppers & Mushroom	Vegetarian	Wheat					✓	✓	✓							✓		✓
West Indian Wrap with Coconut Callaloo & Curried Chickpea	Vegan	Wheat														✓		✓
The Hot Chick-In Burger		Wheat					✓	✓	✓					✓		✓		
Street Burger		Wheat	Serve without the bun				✓	✓	✓							✓		
Shack Stack Burger		Wheat	Serve without the bun				✓	✓	✓							✓		
Smoking Goat Burger		Wheat	Serve without the bun				✓	✓						✓		✓		
Hallo Halloumi	Vegetarian	Wheat	Serve without the bun				✓	✓	✓							✓		
Kernel Vegan	Vegan	Wheat						✓								✓		
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STARTERS & SHARE IT...

ALLERGY MENU



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Crispy Chilli Squid		Wheat				✓	✓		✓					✓				
Garlic & Chilli Pit Prawns		Wheat	Serve without Flatbread		✓				✓	Do not use butter mix on prawns				✓		✓		
Crispy Whitebait		Wheat		✓			✓		✓									
Duck Rolls		Wheat														✓		✓
Our Jerk Pit Wings								✓								✓		✓
Jerk Glazed Pit Ribs								✓								✓		✓
Beef Patty		Wheat					✓		✓							✓		
Crispy Okra	Vegetarian	Wheat					✓		✓									
Doubles	Vegan	Wheat												✓		✓		✓
Sweet Corn Fritters	Vegan	Wheat												✓		✓		
Garlic 'n' Herb Flatbread	Vegetarian	Wheat							✓					✓				
Just Jerk Platter		Wheat					✓	✓	✓					✓		✓		✓
Vital Veggie Platter	Vegetarian	Wheat					✓	✓	✓					✓		✓		✓
Seafood Platter		Wheat		✓		✓	✓		✓					✓		✓		✓
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ONE POTS & JERK-IT...

ALLERGY MENU



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Our Curry Goat		Wheat	Serve without Dumplings						✓	Serve without Dumplings						✓		✓
Trini Curry Chicken		Wheat	Serve without Flatbread															✓
Brown Chicken Stew		Wheat	Serve without Dumplings					✓	✓	Serve without Dumplings						✓		✓
Aubergine Curry	Vegan	Wheat	Serve without Flatbread															✓
Curry Prawn		Wheat	Serve without Flatbread		✓													✓
Curry Salmon		Wheat	Serve without Flatbread	✓														✓
Chickpea & Callaloo Curry	Vegan	Wheat	Serve without Flatbread													✓		✓
Jerk Chicken							✓	✓								✓		✓
Babybacks		Wheat Fryer Trace					✓	✓								✓		✓
Belly Pork								✓								✓		✓
Sirloin Steak		Wheat Fryer Trace						✓								✓		✓
Jerk Salmon		Wheat	Do not use flour in cooking method	✓												✓		
Mo' Bay Chicken		Wheat Fryer Trace	Serve without Plantain					✓	✓							✓		✓

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SIDE PLATES

ALLERGY MENU



Dish	Vegetarian / Vegan	Cereals Containing Gluten	NGCI Option	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	NCDI Option	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Coconut
Dirty Curry Fries	Vegetarian	Wheat Fryer Trace							✓							✓		
Cheesy Jerk Fries	Vegetarian	Wheat Fryer Trace						✓	✓									
Sweet Potato Fries	Vegan	Wheat Fryer Trace																
Spiced Fries	Vegan	Wheat Fryer Trace																
Coconut Rice 'n' Peas	Vegan															✓		✓
Steamed Rice	Vegan																	
Green Herby Rice	Vegan																	
Lemony Rice	Vegan																	
Curried Chickpeas	Vegan															✓		
Crispy Chickpeas	Vegan	Wheat Fryer Trace																
Caribbean Hummus	Vegan													✓		✓		
Smashed Avo	Vegan													✓		✓		
Dumplings	Vegetarian	Wheat							✓									
Bara Roti	Vegan	Wheat																
Crumbed Plantain	Vegetarian	Wheat					✓											
Sweet Plantain	Vegan	Wheat Fryer Trace																
Creamy Coconut Callaloo	Vegan															✓		✓
Crumbed Halloumi	Vegetarian	Wheat					✓	✓	✓							✓		
Grilled Jerk Halloumi	Vegetarian							✓	✓							✓		
Chilli Pineapple Salad	Vegan																	
Sunshine Quinoa	Vegan																	
Supergreen Salad	Vegan																	
Caribbean Slaw	Vegetarian						✓	✓								✓		

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SALADS & SAUCES

ALLERGY MENU



Dish	Vegetarian / Vegan	Cereals Containing Gluten	NGCI Option	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	NCDI Option	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Coconut
Supervital Green Salad	Vegan															✓		✓
Festival Salad	Vegan															✓		✓
Sunshine Quinoa	Vegan															✓		
Add Salad Topping - Garlic & Chilli Pit King Prawns					✓				✓	Do not use butter mix on prawns						✓		
Add Salad Topping - Grilled Jerk Chicken Breast								✓								✓		
Add Salad Topping - Grilled Halloumi	Vegetarian							✓	✓							✓		
Add Salad Topping - Crispy Chilli Squid		Wheat				✓	✓		✓									
Add Salad Topping - Caribbean Hummus	Vegan													✓		✓		
Add Salad Topping - Crumbed Halloumi	Vegetarian	Wheat					✓		✓							✓		
Aunt Mays Bajan Pepper Sauce	Vegetarian													✓		✓		
Grace Jamaican Style Jerk BBQ Sauce	Vegetarian																	
Encona Jerk BBQ Sauce	Vegetarian																	
Encona Hot Pepper Sauce	Vegetarian													✓				
Tomato Ketchup	Vegetarian																	
Mayonnaise	Vegetarian						✓											
Classic Jerk Glaze	Vegetarian							✓								✓		

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PUDDINGS & LITTLE TURTLES

ALLERGY MENU



Dish	Vegetarian / Vegan	Cereals Containing Gluten	NGCI Option	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	NCDI Option	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Coconut
Caymanas Upside Down Rum Cake with Vanilla ice Cream	Vegetarian	Wheat					✓		✓									
Salted Caramel Brownie with Light Chocolate ice Cream	Vegan							✓										✓
Rum & Raisin Bread Pudding with Vanilla ice cream	Vegetarian	Wheat					✓		✓									
Passion Pie		Wheat					✓	✓	✓									
Sticky Toffee Pudding with Vanilla ice cream	Vegetarian	Wheat					✓		✓									
Banana & Toffee Cheesecake		Wheat							✓									
Spiced Rum & Chocolate Pot with Coconut ice cream	Vegetarian	Wheat					✓	✓	✓									✓
Sugared Dumplings with Vanilla ice cream	Vegetarian	Wheat					✓		✓									✓
Grilled Fresh Pineapple with Coconut ice cream	Vegetarian	Wheat					✓		✓									✓
Vanilla Ice Cream	Vegetarian	Wheat Trace					✓		✓									
Coconut Ice Cream	Vegetarian	Wheat Trace							✓									✓
Chocolate Ice Cream	Vegan							✓										
Chicken Flatbread		Wheat							✓									
Chicken Breast							✓			Egg in the slaw								
Cheese Burger		Wheat	Serve without the bun						✓									
Beef Burger		Wheat	Serve without the bun															
Flatbread	Vegetarian	Wheat							✓									
Add Side - Fries	Vegan	Wheat Fryer Trace																
Add Side - Steamed Rice	Vegan																	
Add Side - Rice 'n' Peas	Vegan															✓		✓

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